

Private Practitioners L-Z

The content of this Resource List is based on information provided to us by agencies, organizations and individuals. Inclusion of information does not imply endorsement by the Mental Health America of Central Virginia, nor does exclusion represent disapproval. We have tried to insure accuracy of all information contained in this Resource List.

Eddie Lantz, LPC, LMFT

1120 McConville Road, Suite A
Lynchburg, Virginia 24502

434-237-4652 Emergency: 434-444-3603 Fax: 434-237-4804 Available Monday & Wednesday evenings, 6:30 p.m. to 9:30 p.m. Saturday morning, 9:00 a.m. to 12:00 p.m. Others by appointment. Waiting period within week of referral. Licensed Professional Counselor, Licensed Family & Marriage Counselor specializing in Individual, marriage, family, child/ado/women's issues, and anger. \$75 per hour. Third party payments accepted (Trigon, PCHP, several smaller MCO'S). Handicapped accessible.

M. Ann Luedke, Ph.D

66 Timber Oak Court
Lynchburg, Va. 24502
434-237-6236

Specialty: general practice, pain management
Insurance: Most companies, Medicare, NO PCHP, NO Medicaid

**George Luedke, MD, Psychiatrist
Piedmont Psychiatric Center**

3300 Rivermont Avenue
Lynchburg, Va. 24503
434-200-5999

Specialty: Adult
Handicapped accessible.

Pamela Lygon, M.Ed., LPC

Evergreen Counseling & Consulting, LLC
1874 Graves Mill Road
Lynchburg, VA 24502
434-385-4550 Fax: 434-385-4141

www.evergreendetails.com

Available Monday through Friday. Waiting period from 3 days to 1 week.

Licensed Professional Counselor and Trained Mediator Specialty: adolescents, divorce & marital counseling, relationship issues, life transitions, parent-teen conflicts, PTSD, anger management.

Insurance: Most companies.

**Genevieve Lyons
The Madeline Center**

18697 Forest Road
Lynchburg, VA 24502
434-239-0003

Family counseling, child and adolescent counseling for at-risk youth, parent education, work with children in classroom settings, provide mentors for children

Medical insurance does not provide reimbursement for Madeline Center services, funding comes from Medicaid, FAPT, or FAST

Janie Mantooth, MSW, LCSW
Complete Counseling Services, Inc.

1020 Turkey Mountain Road
Bedford, VA 24523
540-586-8146

Licensed Clinical Social Worker, MSW. Specialty areas: Depression; Anxiety; Adjustment Reaction Disorders; ADHD; ODD; Substance Abuse; Continuing Care or After Care; Parent Training; Adults Molested as Children; PTSD; Grief/Loss; Gender Issues, Children and Older Adults.
\$110 Initial intake, \$90 per therapy session. Monday-Friday 9am-6pm
Most insurance panels accepted. Tri-care. Medicaid. Medicare. No sliding fee scale.

Emily Martin
Couples & Kids

110 Vista Center Drive
Forest, VA 24551
434-316-9339

Child play therapy, families, children, adults, parenting, substance abuse counseling
Medicaid, Anthem, PCP, UBH, Southern Health, Magellan

Deborah M. Maxey, LPC, LMFT
Peachtree Counseling Center, Inc.

798 Leesville Road
Lynchburg, Va. 24502
434-239-1928 Fax: 434-239-8779
Available Monday through Friday.

Licensed Professional Counselor, Licensed Marriage and Family Therapists, certified in Traumatology; Hypnosis, specializing in Trauma; Anger/Rage; 12 Step Recovery; Domestic Violence; Sexual Abuse.
\$100 Intake, \$100 per attachment assessments, \$85 per therapy session.
Third party payments accepted.
Handicapped Accessible.

Cheryl T. Mayo, LCSW
New Attitudes Center

2000 Thompson Drive
Lynchburg, Va. 24501
434-845-1977

Specialty areas: Eating disorders, ACOA, 12-step programs, Adult survivors of sexual molestation. Insurance: Most including Medicare

Cynthia McCullough
In-home Therapist, The Madeline Center

18697 Forest Road
Lynchburg, VA 24502
434-239-0003

Family counseling, child and adolescent counseling for at-risk youth, parent education, work with children in classroom settings, provide mentors for children
Medical insurance does not provide reimbursement for Madeline Center services, funding comes from Medicaid, FAPT, or FAST

Christina Morris, LPC
Hope for Tomorrow Counseling Services

1617-A Enterprise Drive
Lynchburg, Va. 24502
434-239-4949 Fax: 434-239-4955
Open 9:30 AM - 6 PM weekdays
Insurance: Medicaid & sliding fee scale for uninsured

Susan Muhoro, M.Ed, LPC
Wishing You Well Counseling Center

21731 Timberlake Rd.
Lynchburg, VA 24502
Office: 434-455-5033
E-Mail: wishinguwellcoun@aol.com

Specialty: adolescents, foster care, court cases. Insurance: Most insurance.

Steven K. Nielsen, Ed.D., Licensed Clinical Psychologist

Madison Square Business Center, Suite 102

Madison Heights, Va. 24572

434-847-2775

Specialty: Psychological testing, tx of dual diagnosis, bipolar disorders, CRT for care takers.

Most major insurance.

Tara Nunley, MEd

Lynchburg League of Therapists

In-Home Coordinator

523 Clay Street

Lynchburg, VA 24504

Office: 434-455-7990

Fax: 434-455-0256

<http://www.leagueoftherapists.com/locations/lynchburg.php>

Clinicians are skilled in a wide variety of specialties, including structural family therapy; attachment and trauma therapies; speech language, occupational, art, play music, and equine therapies; special education; sensory integration, behavior modification; counseling; family support; relaxation and stress management. Most of our staff are Master's level, many are licensed.

Christine Oglesby, LPC, LMFT

Home Based Therapist, Strategic Therapy Associates, Inc.

108 Duncraig Drive

Lynchburg, VA 24502

434-237-9450

Strategic Therapy, Home-based therapy (family therapy, at risk children), Office Based Therapy (wide range, in office therapy), Project Phoenix (Phoenix School: alternative school with supported assistance in the classroom; Phoenix After School Program: homework help, etc; Phoenix School Program: companions to assist kids in the classroom; Camp Phoenix: Develop social skills in children), & Therapeutic Companion Services
Medicaid

Richard W. Oliver, MD

810 Bedford Ridge Avenue

Bedford, VA 24523

540-587-5852

Licensed by Virginia State Board of Medical Examiners, Board Certified American Board of Psychiatry and Neurology specializing in General Adult Psychiatry with special interests in Mood Disorders; Crisis Intervention; Interface between Psychiatry and Religion.

Daniel Owens, Ph.D.

2484 Rivermont Ave. Ste. 202

Lynchburg, VA 24503

434-845-4454 Fax: 434-845-4299

Available Monday through Thursday, 8:30am to 6:15pm.

Available Friday, 8:30am to 12:15pm.

Licensed Clinical Psychologist specializing in Pain Management; Chronic Pain; Disability Issues

\$200 intake, \$136 Ind. Psych Appt.

Third party payments accepted

Handicapped accessible

Craig L. Parker, LPC, LMFT

Parker Counseling & Consulting Services, Inc.

137 Laxton Road, Suite 360

Lynchburg, Va. 24502

434-237-0155 Emergency: 434-237-0155 Fax: 434-237-0332

Available Monday through Friday, 9:00am to 7:00pm. Waiting period is 1-3 days.

Licensed Professional Counselor and Licensed Marriage & Family Therapist specializing in Clientele 6 years old and up; Anger Management; Mood Disorders; Substance Abuse; Loss & Grief; Sexual Offenders/Victims; Work/Career Related Problems; Financial Problems.

\$75 per hour

Most major insurance companies accepted.

Handicapped accessible.

Nona Puckett, LPC, RN, M.AC
Peachtree Counseling Center

798 Leesville Road
Lynchburg, Virginia 24502
434-239-1928 Fax:434-239-8779

Available Monday through Thursday 9:00am to 6:00pm. Waiting period is 1 to 2 weeks.
Licensed Professional Counselor, specializing in Alcohol & Drug, special emphasis on Anxiety; Mood Disorders; EAP; Domestic Violence; Loss; Grief; Mediation; Individual; Couples & Families; Adults; Teens.
\$100 intake, \$85 for 50 minute session. Third party payments accepted including PCHP, Anthem, Sentara, MHN.
Handicapped accessible.

Katharine Pumphrey
In-home Therapist, The Madeline Center

18697 Forest Road
Lynchburg, VA 24502
434-239-0003

Family counseling, child and adolescent counseling for at-risk youth, parent education, work with children in classroom settings, provide mentors for children
Medical insurance does not provide reimbursement for Madeline Center services, funding comes from Medicaid, FAPT, or FAST

Michael Ramsey, LPC

131 Gramham Creek Road
Madison Heights, VA 24572
Office: 434-384-8573
Specialty areas: children adolescents & adults, behavior problems, anxiety

Robin Ramsey, Ph.D.
Blue Ridge Psychotherapy, P.C.

2424 Magnolia Ave., #1
Buena Vista, VA 24416
540-261-2000
Marriage and Family.

Tonya Ridings, LCSW
Lynchburg League of Therapists

Supervisor
523 Clay Street
Lynchburg, VA 24504
Office: 434-455-7990
Fax: 434-455-0256
<http://www.leagueoftherapists.com/locations/lynchburg.php>

Clinicians are skilled in a wide variety of specialties, including structural family therapy; attachment and trauma therapies; speech language, occupational, art, play music, and equine therapies; special education; sensory integration, behavior modification; counseling; family support; relaxation and stress management. Most of our staff are Master's level, many are licensed.

Barbara H. Rodgers, M.Div.,LPC,LMFT
Peachtree Counseling Center, Inc.

798 Leesville Road
Lynchburg, VA 24502
Office: 434-239-1928
Fax: 434-239-8779
Email: BHRCounsel@prodigy.net

Monday 12pm-8pm. Thursday 12pm-8pm. Tuesday 9am-5pm. Wednesday 9am-5pm.
Certified Fellow, American Association of Pastoral Counselors; Licensed Professional Counselor; Licensed Marriage & Family Therapist Specialty: Individual, couple and family therapy; premarital preparation; depression, anxiety; EAP work; EAP Ceridian Military One Source; adult children of alcoholics; spiritual issues.
\$85 per hour. Most insurances accepted; No Medicare, Medicaid, sliding fee scale. Not in Tri-care network.

Chuck Rodgers, LPC

100 Archway Court (Windhurst)
Lynchburg, VA 24502
Office: 434-237-2655
Licensed Clinical Psychologist, Ph.D. and M.Ed.
Specialty areas: Adult Therapy

Susan K. Roehrich, Ph.D., LPC

(located in the offices of Forest Independent Therapists)
effective March 1, 2009
1922 Graves Mill Road
Lynchburg, VA 24502
Office: 434-385-0013
Specialty areas: women issues, infertility, post-partum, eating disorders

Kara Rooney, MD

Piedmont Psychiatric Center
3300 Rivermont Avenue
Lynchburg, VA 24503
Office: 434-200-5999
Specialty areas: Child psychiatry

Jackie Ross, RN, CNS

Ross Counseling
926 Commerce Street
Lynchburg, VA 24504
Office: 434-846-2778
Specialty areas: children 8+, group work, geriatric.

Aaron J. Ruehle, LPC

66 Timber Oak Court
Lynchburg, VA 24502
Office: 434-237-6236
Insurance: Most companies, NO Medicaid, NO Medicare

Amy Rugh

Couples & Kids
110 Vista Center Drive
Forest, VA 24551
Office: 434-316-9339
Specialty areas: Child play therapy, families, children, adults, parenting, substance abuse counseling
Insurance: Medicaid, Anthem, PCP, UBH, Southern Health, Magellan

Randall A. Scott

Piedmont Psychiatric Center
3300 Rivermont Ave.
Lynchburg, VA 24503
434-947-5999
Adult, general, and forensic psychiatry, forensic issues, inpatient treatment, consultative psychiatry
Medicare, Medicaid, anthem-blue cross, PCHP, and others

J. Mark Shadoan, Ed.D., LCSW

Light Counseling Inc.
2811 Linkhorne Drive, Suite B
Lynchburg, Va. 24503
434-384-1594 Emergency: 434-384-1594 Fax: 434-384-3228
Monday and Wednesday 9:00am to 3:30pm, Tuesday and Thursday 2:00pm to 8:00pm. Waiting period 1 week.
Licensed Clinical Social Worker (VA # 1247) specializing in Child; Adolescent; Adult; Couple; Family; Anxiety Disorders; Depression; Marriage Therapy; Adjustment Disorders; Substance Abuse; Adjustment to Disability.
\$105 initial evaluation, \$85 per hour.
Most insurances accepted.
Handicapped accessible.

Lynnette L. Shadoan, LPC, LMFT
Light Counseling Inc.

2811 Linkhorne Dr. Suite B
Lynchburg, Va. 24503

434-384-1594 Emergency: 434-384-1594 Fax: 434-384-3228

Available Monday 9:00am to 3:30pm, Wednesday 10:00am to 5:00pm, Tuesday & Thursday 2:30pm to 8:00pm.

Licensed Professional Counselor, Licensed Marriage and Family Therapist, specializing in Women's Issues; Depression; Mood Disorders; Couples Counseling; Eating Disorders.

\$105 initial evaluation, \$85 per hour.

Most insurances accepted.

Handicapped accessible.

Gary Sibcy, Ph.D.

Piedmont Psychiatric Center

3300 Rivermont Avenue

Lynchburg, VA 24503

Office: 434-200-5999

Licensed Clinical Psychologist, Marriage and Family Therapist

Ph.D. in clinical psychology

Licensed marriage and family therapist/licensed professional counselor

Specialty areas: Marital/family therapy, relationship enhancement training, childhood disorders such as ADHD and other conduct problems, depression and anxiety, with special focus on LCD in children and adolescents; adult disorders including mood disorders, depression, with special focus on anxiety/panic disorders, OCD and social phobia.

Robert S. Sitler, Ph.D., LPC

Light Counseling Inc.

2811 Linkhorne Drive Suite B

Lynchburg, Va. 24503

Available Monday and Wednesday evening. No waiting period.

Licensed Clinical Psychologist specializing in Children; Adolescent; family; Adult; Depression; Post Traumatic Stress Disorder; Anger Management.

\$145 initial evaluation, \$95 per hour.

Most insurances accepted.

Handicapped accessible.

Wayne E. Sloop, Ph.D.

20715 Timberlake Road, Suite 103

Lynchburg, VA 24502

Office: 434-237-7792

Licensed Clinical Psychologist.

Specialty areas: Assessments, Court ordered cases, sex offenders Insurance: NO Medicaid

Helen Smith, LPC

James River Counseling

1120 McConville Road

Lynchburg, VA 24502

Office: 434-237-4652

Specialty areas: Individual, marriage, family, child/adolescent/women's issues. Insurance: Most companies, NO Medicare, NO Medicaid.

Lynessa Spivey, LPC, LMFT

Peachtree Counseling Center, Inc.

798 Leesville Road

Lynchburg, VA 24502

Office: 434-239-1928

Chelsea St. Clair, LCSW

Couples & Kids

110 Vista Centre Drive

Forest, VA 24551 Office: 434-316-9339 Fax: 434-316-7025 Available Monday through Friday, call for appointment

Licensed Clinical Social Worker specializing in children, adolescents, adults, couples, families and veterans.

Medicaid, most major insurances and sliding scale. Couples & Kids is a private, non-profit counseling center which provides counseling services and educational programs to individuals and families in Central Virginia.

**Margaret Stevens, LPC, LMFT
Light Counseling Inc.**

2811 Linkhorne Drive Suite B
Lynchburg, Va. 24503

434-384-1594 Emergency: 434-384-1594 Fax: 434-384-3228

Available Monday and Wednesday, 9:00am to 4:00pm. Waiting period 1 week.

Licensed Professional Counselor, Registered Nurse, Licensed Marriage & Family Therapist, specializing in Individuals; Adults; Children; Depressive Disorders; Anxiety; Grief; Victims of Abuse.

\$105 initial evaluation, \$85 per hour. Anthem, PCHP, Medicaid, Humana, BHN accepted. Handicapped accessible.

**Janice Stinson, LPC
Hope for Tomorrow Counseling Services**

1617-A Enterprise Drive
Lynchburg, VA 24502

Office: 434-239-4949 Fax: 434-239-4955 Open 9:30 am - 6 pm weekdays Insurance: Medicaid & sliding fee scale for uninsured.

**Gwyn Stone
The Madeline Center**

18697 Forest Road
Lynchburg, VA 24502
434-239-0003

Family counseling, child and adolescent counseling for at-risk youth, parent education, work with children in classroom settings, provide mentors for children. Medical insurance does not provide reimbursement for Madeline Center services, funding comes from Medicaid, FAPT, or FAST.

**Daniel Sullivan, LPC
Light Counseling Center, Inc.**

2811 Linkhorne Drive
Lynchburg, VA 24503
Office: 434-384-1594

Specialty areas: Children, Adolescents, individual, marital and family therapy. Insurance: BC/BS, Champus, PCHP. Self-identified Christian.

**Christie L. Tanner, Ph.D.
Piedmont Psychiatric Center**

3300 Rivermont Avenue
Lynchburg, VA 24503
Office: 434-947-5999

Specialty areas: autism spectrum disorders, developmental disabilities, externalizing disorders, anxiety disorders and parent education.

**Danny Thomas - In Home Therapist
The Madeline Center**

18697 Forest Road
Lynchburg, VA 24502
434-239-0003

Family counseling, child and adolescent counseling for at-risk youth, parent education, work with children in classroom settings, provide mentors for children. Medical insurance does not provide reimbursement for Madeline Center services, funding comes from Medicaid, FAPT, or FAST.

**Patricia Thompson, Ed.D., LPC, LMFT
Light Counseling Inc.**

2811 Linkhorne Drive Suite B
Lynchburg, Va. 24503

434-384-1594 Emergency: 434-384-1594 Fax: 434-384-3228

Available Monday evenings, 6:00pm to 8:00pm. Waiting period 1 week. Licensed Professional Counselor, Licensed Marriage and Family Therapist specializing in Women's Issues; Sexual Abuse; Eating Disorders; Depression; Anxiety; Family Therapy. \$105 initial evaluation, \$85 per hour. Trigon, PCHP accepted. Handicapped accessible.

John S. Turner, MSW
Associated with Peace of Mind
PO Box 128
Monroe, VA 24574
434-929-0355
Most insurance accepted.

Anthony Walker, In Home Therapist
The Madeline Center
18697 Forest Road
Lynchburg, VA 24502
434-239-0003

Family counseling, child and adolescent counseling for at-risk youth, parent education, work with children in classroom settings, provide mentors for children
Medical insurance does not provide reimbursement for Madeline Center services, funding comes from Medicaid, FAPT, or FAST

Angela Watkins - Child and Family Services
Strategic Therapy Associates, Inc.
108 Duncraig Drive
Lynchburg, VA 24502
434-237-9450

Home-based therapy: individual, couples and family therapy, assessments, advocacy, case management and crisis intervention services. Services specialize in resolving issues of abuse, delinquency, school problems oppositional/defiant behavior, emotional problems and addictions, Project Phoenix (Phoenix School: alternative school with supported assistance in the classroom; Project Phoenix: Therapeutic after school program designed to meet the needs of children with emotional and behavioral problems that affect their performance in school and in the community; Phoenix School Program: companions to assist kids in the classroom; Early Intervention Services: working with children ages 2-6 on school readiness skills and addressing specific treatment needs related to behavioral issues; Camp Phoenix: a Day Camp for children with emotional and behavioral problems, & Therapeutic Companion Services.
Accepts Medicaid

Dan West, LPC
104 A Homestead Drive
Forest, VA 24551
434-316-0026

actiondw@aol.com

Monday-Friday 10am-7pm

Specializes in emotional and behavioral difficulties in children and adolescents. Individual and Family counseling, Family reunification.

Norma S. White
Couples and Kids: A Counseling Center for Families
110 Vista Centre Drive
Forest, Va. 24551
434-316-9339 Fax: 434-316-7025

www.couplesandkids.com

Available Monday through Friday, 8:30am to 7:00pm. Waiting period is 1 to 2 days.

Licensed Professional Counselor, Licensed Marriage and Family Therapist, NCC, ACS, RN specializing in Play Therapy; Family Therapy; Couple Therapy; Depression; Anxiety; Child and Adolescent Behavior Problems. Couples and Kids, Inc. also offers Group Programs: Healthy Divorce: for the kids; Anger Management; Children's Groups; Parenting Education; Healthy Relationships; Domestic Violence; Drug and Alcohol Education. Third party payments accepted including Medicaid. Offers sliding scale fee.
Handicapped accessible.

Barbara Wilder, LPC
Peace of Mind
3742 S. Amherst Highway
Madison Heights, VA 24574
Office: 434-929-0355
Insurance: Most including Medicaid.

**Jon Williams, Youth Counselor
Harvest Outreach Center**

410 Maddox Road
Gladys, VA 24554
434-283-5340

Therapeutic after-school program, summer day program, counseling, mentoring for children who are ages 5-17 and are having extreme difficulties in the community, display constant disruptive behaviors at school, and/or are at risk for being removed from home. CSA/FAPT funded program, also accepts donations/fundraising.

**Dana Wilkerson, MA
Lynchburg League of Therapists**

Autism Program Coordinator
523 Clay Street
Lynchburg, VA 24504

Office: 434-455-7990 Fax: 434-455-0256 <http://www.leagueoftherapists.com/locations/lynchburg.php>

Clinicians are skilled in a wide variety of specialties, including structural family therapy; attachment and trauma therapies; speech language, occupational, art, play music, and equine therapies; special education; sensory integration, behavior modification; counseling; family support; relaxation and stress management. Most of our staff are Master's level, many are licensed.

**John M. Wilson, MD
Piedmont Psychiatric Center**

3300 Rivermont Avenue
Lynchburg, Virginia 24503

434-200-5999 Emergency: 434-947-5999 Fax: 434-200-5993 Available Monday through Friday, daily office schedule. Waiting period as brief as possible. M.D., Board Certified (American Board of Psychiatry and Neurology) specializing in Depression, Anxiety Disorder and other Mood Disorders; Schizophrenia.
Handicapped accessible

Susan M. Wilson, LPC

1922 Gravesmill Road
Lynchburg, VA 24502

434-385-0013 Fax: 434-385-1073 Evening Hours: 434-385-0013

Licensed Professional Counselor and Certified Sex Offender Treatment Provider specializing in Family Therapy; all Anxiety issues (GAD, OCD, Panic); Women's Issues; Relationship Issues; Play Therapy.

Third party payments accepted - most major insurance companies accepted. Handicapped Accessible.

**Jon Winder, LPC
The Madeline Center**

18697 Forest Road
Lynchburg, Virginia 24502

434-239-0003 Fax: 434-239-0181 Available Monday through Friday, 12:00 p.m. to 7:00 p.m. Waiting period is two to three days. Licensed Professional Counselor, Certified Substance Abuse, Certified NLP Practitioner, specializing in Anxiety; Phobias; Chemical Dependency; Co-Dependency, Depression; Adjustment Disorders; Marital Therapy; Post Traumatic Stress. \$100 intake \$85 per session. Third party payment accepted. Handicapped accessible.

**Jason G. Wright, LPC, LMFT
Light Counseling Inc.**

2811 Linkhorne Drive
Lynchburg, Va. 24503

434-384-1594 Emergency: 434-384-1594 Fax: 434-384-3228.

Available Tuesday evenings, 6:00pm to 8:00pm. Waiting period 1 week.

Licensed Professional Counselor, Licensed Marriage & Family Therapists specializing in Depression; Anxiety; Substance Abuse; PTSD; Dissociative Disorders; Personality Disorders. \$105 initial evaluation, \$85 per hour. Anthem, Humana, Medicaid, BHN accepted. Handicapped accessible.

**Daryl H. Yoder, MD
Yoder, Jefferson & Associates**

3209 Forest Brook Road
Lynchburg, Va. 24501

Office: 434-385-0744 Emergency: 434-582-8285 (digital beeper) Available Monday through Friday, 9:00am to 5:00pm. Waiting period varies. Psychiatrist specializing in Mood Disorders; Sexual Abuse; Pharmacotherapy; Psychotherapy. Third party payments accepted. Handicapped accessible.